

ABOUT HYDRATION THERAPY

IV therapy boosts health and leaves you feeling refreshed and revived. Dehydration causes fluid (water and dissolved salts called electrolytes) to become depleted in the body. The importance of water to our bodies can't be overemphasized. Its significance is critical for a variety of functions such as: *digestion, blood flow, and body temperature regulation*, in addition to *overall cell health*. IV therapy is a treatment that utilizes an intravenous drip to introduce vital electrolytes, minerals, and amino acids directly and immediately into the body. This is beneficial because higher quantities of nutrients can be infused into the body than would be possible orally.



TOP TEN REASONS FOR IV FLUID HYDRATION

- HANGOVER RESCUE
- CHRONIC FATIGUE/SLEEP DEPRIVATION
- FITNESS RECOVERY
- JET LAG
- SEVERE DEHYDRATION
- IMMUNE SUPPORT
- MIGRAINE and HEADACHE THERAPY
- MALABSORPTION and GI HEALTH
- ACUTE and CHRONIC PAIN
- COLD and FLU REMEDY

Whether you are dealing with the aftermath of over-indulgence, suffering from a migraine, fatigued from exercise or battling the flu, IV fluid hydration is one of the fastest ways to improve the health issues preventing you from enjoying life.



LOCATIONS



Rated #1 Top Workplace

ORANGE COUNTY

ALISO VIEJO

BUENA PARK

MISSION VIEJO

NEWPORT BEACH

RANCHO SANTA MARGARITA

SAN DIEGO

EASTLAKE

GROSSMONT

PACIFIC BEACH

UNIVERSITY TOWNE CENTER

7am - 10pm Most Days and Locations



Schedule your appointment to rehydrate today:

1-877-MY-DOC-NOW opt.7

MarqueUrgentCare.com/Hydration

Hydrate@MarqueMedical.com

MARQUE
URGENT CARE

IV Hydration Therapy



HYDRATE HANGOVER RESCUE



INVIGORATE EXHAUSTION



REJUVENATE RECOVERY

IV THERAPY OPTIONS

HANGOVER RECOVERY

Detoxify your liver, restore lost electrolytes and eliminate nausea, fatigue, and headache.

\$150

This specialized solution helps rehydrate, restore electrolytes and fluid imbalances that may result from a big night out. We add B-Complex (which delivers all 8 of the B vitamins) because alcohol depletes B vitamin in your body and B vitamin is necessary to metabolize alcohol. Vitamin C and Zinc are included in the solution to boost and assist your liver's ability to detoxify. Toradol, a non-steroidal anti-inflammatory is combined with Zofran to combat nausea and pain.

ENERGY RESCUE

Boost your body with extra B vitamins to get the pep back in your step.

\$150

A sodium chloride electrolyte base restores lost bodily fluids that can affect energy levels. We add vitamin C to combat free radicals and support a healthy immune system that leads to higher energy. Trace element Zinc is present to improve immune function and is involved in the major metabolic pathways concerned with carbohydrates and energy metabolism. Toradol, a non-steroidal anti-inflammatory is included to help reduce associated pain related to fatigue or overexertion. B Complex (which delivers all 8 of the B vitamins) is added because a deficiency in any one of these vitamins affects metabolic machinery of the cells leading to fatigue, weakness, and irritability that may happen after strenuous activity.

ACTIVITY PREP

Prevent lactic acid build up and charge your body for the big activity ahead.

\$130

Activity Prep includes sodium chloride as an electrolyte replacement to respond to strenuous activity. It is used because when sodium is depleted in the body, it must be replaced to maintain muscle contraction and normal renal function. We also combine the healing benefits of magnesium, vitamin C, and B-12. Intense activity and sweating can deplete your body of B vitamins so B Complex is added (which delivers all 8 of the B vitamins) to help your body repair itself after exercising and intense activity. Vitamin B also helps eliminate fatigue, dizziness, and headaches.

IV Hydration Therapy

WHY HYDRATE AT MARQUE?

DIRECT SUPERVISION by ON-SITE DOCTORS
CLEAN, STERILE, and SAFE ENVIRONMENT
PROFESSIONAL MEDICAL ATTENTION
COMFORTABLE ROOMS
QUIET and PEACEFUL SURROUNDINGS
IN and OUT- 45 MINUTES or LESS
REPUTATION for HIGH-QUALITY SERVICE



DEHYDRATION SYMPTOMS

Dehydration can become a serious health issue and it should not be taken lightly. It can be caused by a variety of reasons.

Signs of dehydration include:

- Headache
- Dry and sticky mouth
- Nausea
- Vomiting
- Low blood pressure
- Sleepiness
- Irritability and confusion
- Constipation
- Dizziness or lightheadedness
- Muscle cramps
- Dry cool skin that doesn't bounce back when you pinch it
- Little or no urination and any urine color that is darker than usual



"This stuff really works. Pulled an all-nighter and running on empty. Feel much better. It's amazing what 45 minutes of hydration does. I left Marque feeling like a new person! Worth ever penny." - Brad P.

FREQUENTLY ASKED QUESTIONS

Q. Is IV therapy safe?

A. Yes, although IV therapy is typically a safe and easy procedure, it is critical that it's performed by a trained medical professional in a sterile environment. IV therapy patients usually experience very few- if any- side effects. Typical side effects may include swelling, tenderness, or discomfort.

Q. Is hydration therapy really necessary?

A. Hydration therapy may be necessary for some. In fact, a lack of water is the number one cause of daytime fatigue. Seventy-five percent of the U.S. population is chronically dehydrated. Thirty-five percent of the people in the U.S. mistake thirst for hunger. Metabolism will slow down as much as 3% when a person is even MILDLY dehydrated.



Q. Why is IV therapy so popular? Is it just a fad?

A. As well-known stars such as Rihanna and Gwyneth Paltrow promote IV drip therapy, more and more people are discovering the treatment. However, IV therapy is much more than a fleeting celebrity trend. Physicians have actually been using it for years to safely and successfully treat and manage a range of health issues and help patients to boost their total health.



Feel like a new person in less than an hour!